

How to Revise and be Successful

Try this process...adapt as you need to

1. Create a Study Schedule that ensures you INTERLEAVE your revision and allows you to SPACE your learning and REVIEW of learning

(TIP: try working in 30 minute blocks – study a specific aspect of your subject for 30 minutes; take a break for 5-10 minutes; revise a new subject for 30 minutes – repeat – up to a maximum of 2 hours)



2. Write down everything you remember about the topic BEFORE you REVIEW your notes – a bit of struggle is good



3. Read your notes to help you FILL IN THE GAPS



4. Create a mind-map of key points using DUAL CODING techniques like MINDMAPS or GRAPHIC ORGANISERS



5. Create FLASHCARDS using your MINDMAP



6. TEST yourself and find out what you DON'T KNOW or EXPLAIN the concept to someone else or do a PRACTICE question



7. FILL IN THE GAPS in your knowledge by revisiting notes OR looking at CONCRETE EXAMPLES or MODELS



8. Revisit the topic a week later by redoing the TEST or RECALLING everything you can...then a fortnight...then a month.



9. Do a WEEKLY REVIEW of ALL your revision towards the end of each week.