



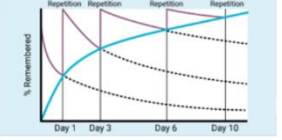



R	E	V	I	S	E
					
Retrieval	Examples	Visuals + Words	Interleaving	Spacing	Elaboration
<p>Use flashcards to revise and to test yourself - even better use the Leitner (https://www.youtube.com/watch?v=C20EvKtdJwQ) approach!</p> <p>Quiz! – use Kahoot or Quizlet or even better devise your own questions (maybe create a bank of quizzes with friends to share).</p> <p>Do a Weekly Review of your revision without notes. Write down everything you can remember.</p> <p>For both Quiz and Weekly Review, the key is to check how well you did on your quiz or recall/review, then go back to your notes, fill in the things you missed and actively learn the gaps!</p> <p>Use Mnemonics (e.g. 'REVISE' above) to help you retrieve large amounts of information more easily.</p> <p>Avoid just re-reading and highlighting. It isn't effective.</p>	<p>With tricky concepts, find an example that makes sense to you, that you associate with the idea and prompts you to remember what it means.</p> <p>Then use the example when you explain this concept to someone else.</p>	<p>Revise from your notes. Then recall the information in a different way like a mind-map or visual organiser.</p> <p>Try using the mind palace technique (https://www.bing.com/videos/search?q=youtu+be+mind+palace&view=detail&mid=B101A302C1DA2381CA3CB101A302C1DA2381CA3C&FORM=VIRE).</p> <p>On your flashcards associate visuals with words.</p>	<p>Remember to switch topics within the same subject in any one revision session.</p> <p>It is far better to do 4 x 30 minutes of revision focused on 4 different topics than 2 hours focused on 1 topic.</p> <p>Remember to aim for 30 minutes revision – then have a 5 minute break</p>	<p>Do not cram!</p> <p>Create a revision schedule that helps you to chunk your revision over time. Try www.getrevising.co.uk</p> <p>You will remember five hours spread over five days better than five hours in one day. When you are revising more than one hour a day, better to interleave topics within the same subject or revise different subjects.</p>	<p>Teach someone else about key knowledge or ideas – if you can't explain it, you don't know it well enough.</p> <p>For any topic, idea, or text, question yourself regarding 'how' or 'why' something happens – e.g. Why does Mr Birling behave like he does?</p>

R	Retrieval Practice	Quiz yourself – finding out what you don't know is helpful – repeat tests; review learning every week by recalling everything you can and then filling in any gaps using notes; use flashcard approaches.
E	Examples	Link difficult, abstract ideas to an example that means something to you
V	Visuals + Words	Use graphic organisers or mind palaces to link words, ideas and pictures
I	Interleaving	Within a revision session, do a number of topics rather than one big chunk of one and mix up content across your revision week
S	Spacing	Revise over time. Leave gaps between learning or reviewing information and coming back to it – struggle is good. Cramming does not work well – remember Ebbinghaus!
E	Elaboration	Ask yourself 'how' and 'why' not just 'what' Teach someone else Make connections with other knowledge or topics