

# Pre-Mock Assembly

## How to REVISE and BE SUCCESSFUL

*Because failing to plan is  
planning to fail...*



Ambition

Care

Courage

**Ambition****Care****Courage**

# Example Revision Timetable

Here is an example used by a real student last year:

Note that they did each subject, twice a week on stronger subjects and three times a week on weaker. They tried not to put a least favourite subject on the same day in the week. They did 30 minute sessions with 5 min breaks and aimed to do at least 90 mins a night.

**Complete by Friday 13<sup>th</sup> October**

**Example Revision Plan**

**Week 1:**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
French	RS	History	English Lit	Maths	Maths	Maths
					French	Science
Science 1 hour Tutor	Math's after school 1 hour	Maths	Science after School 1 hour	French	RS	History
					English Lang	English Lit

**Week 2:**

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
French	RS	History	English Lit	Maths	Maths	Maths
					French	Science
Science 1 hour Tutor	Math's after school 1 hour	Maths	Science after School 1 hour	French	RS	History
					English Lang	English Lit





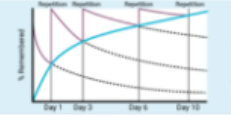

Useful article: [The revision timetable you'll actually stick to](#) | [The Student Room](#)

Ambition

Care

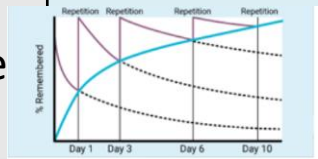
Courage

# The REVISE strategies

R	E	V	I	S	E
					
Retrieval	Examples	Visuals + Words	Interleaving	Spacing	Elaboration
<p>Use <b>flashcards</b> to revise and to test <u>yourself</u> – even better use the Leitner (<a href="https://www.youtube.com/watch?v=C20EvKtdJwQ">https://www.youtube.com/watch?v=C20EvKtdJwQ</a>) approach!</p> <p><b>Quiz!</b> – use Kahoot or Quizlet or even better devise your own questions (maybe create a bank of quizzes with friends to share).</p> <p>Do a <b>Weekly Review</b> of your revision without notes. Write down everything you can remember.</p> <p>For both Quiz and Weekly Review, the key is to check how well you did on your quiz or recall/review, then go back to your notes, fill in the things you missed and actively learn the gaps!</p> <p>Use <b>Mnemonics</b> (e.g. 'REVISE' above) to help you retrieve large amounts of information more easily.</p> <p>Avoid just re-reading and highlighting. It isn't effective.</p>	<p>With tricky concepts, find an <b>example</b> that makes sense to you, that you associate with the idea and prompts you to remember what it means.</p> <p>Then use the example when you <b>explain</b> this concept to someone else.</p>	<p>Revise from your notes. Then recall the information in a different way like a <b>mind-map or visual organiser</b>.</p> <p>Try using the <b>mind palace</b> technique (<a href="https://www.bing.com/videos/search?q=you+tube+mind+palace&amp;view=detail&amp;mid=B101A302C1DA2381CA3CB101A302C1DA2381CA3C&amp;FORM=VIRE">https://www.bing.com/videos/search?q=you+tube+mind+palace&amp;view=detail&amp;mid=B101A302C1DA2381CA3CB101A302C1DA2381CA3C&amp;FORM=VIRE</a>).</p> <p>On your <b>flashcards</b> associate visuals with words.</p>	<p>Remember to <b>switch topics</b> within the same subject in any one revision session.</p> <p>It is far better to <b>do 4 x 30 minutes of revision focused on 4 different topics</b> than 2 hours focused on 1 topic.</p> <p>Remember to aim for 30 minutes revision – then have a <u>5 minute</u> break</p>	<p>Do not cram!</p> <p>Create a <b>revision schedule</b> that helps you to <b>chunk your revision over time</b>. <u>Try</u> <a href="http://www.getrevising.co.uk">www.getrevising.co.uk</a></p> <p>You will remember five hours spread over five days better than five hours in one day. When you are revising more than one hour a day, better to interleave topics within the same subject or revise different subjects.</p>	<p><b>Teach someone else</b> about key knowledge or ideas – if you can't <b>explain it</b>, you don't know it well enough.</p> <p>For any topic, idea, or text, <b>question yourself</b> regarding 'how' or 'why' something happens – <u>e.g.</u> Why does Mr Birling behave like he does?</p>

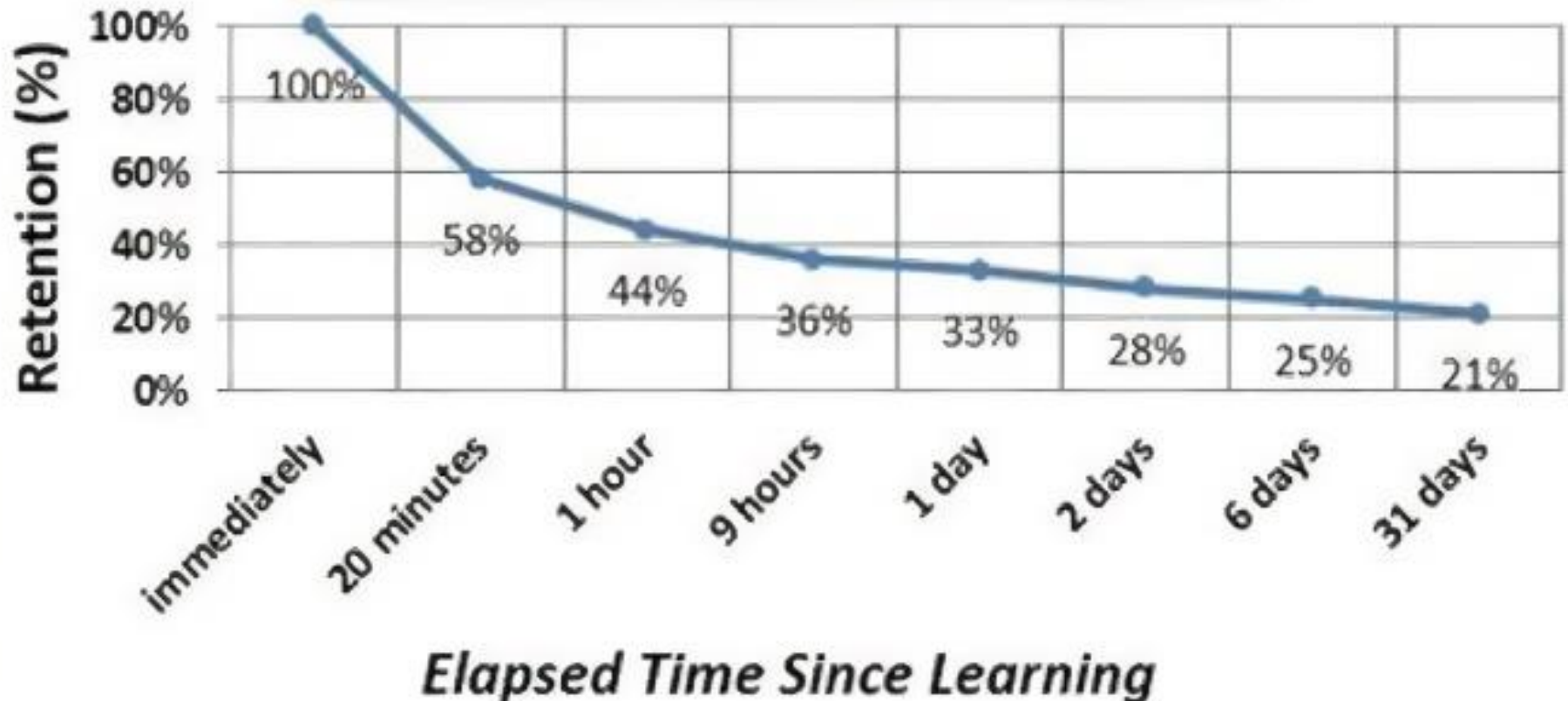
# R.E.V.I.S.E = the answer to revising well!

<b>R</b>	<b>Retrieval Practice</b>	<b>Quiz yourself – finding out what you don't know is helpful – repeat tests; review learning every week by recalling everything you can and then filling in any gaps using notes; use flashcard approaches.</b>
<b>E</b>	<b>Examples</b>	Link difficult, abstract ideas to an example that means something to you
<b>V</b>	<b>Visuals + Words</b>	Use graphic organisers or mind palaces to links words, ideas and picture
<b>I</b>	<b>Interleaving</b>	Within a revision session, do a number of topics rather than one big chunk of one and mix up content across your revision week
<b>S</b>	<b>Spacing</b>	Revise over time. Leave gaps between learning or reviewing information and coming back to it – struggle is good. Cramming does not work well – remember Ebbinghaus!
<b>E</b>	<b>Elaboration</b>	Ask yourself 'how' and 'why' not just 'what' Teach someone else Make connections with other knowledge or topics



It's normal to forget but you need to use strategies that help you to secure knowledge...so that you can then apply it.

## Ebbinghaus Forgetting Curve



# Try this process...adapt as you need to

1. Have a Study Schedule that ensures you INTERLEAVE your revision and allows you to SPACE your learning and REVIEW of learning

*(TIP: try working in 30 minute blocks – study a specific aspect of your subject for 30 minutes; take a break for 5-10 minutes; revise a new subject for 30 minutes – repeat – up to a maximum of 2 hours)*



2. Write down everything you remember about the topic BEFORE you REVIEW your notes – a bit of struggle is good



3. Read your notes to help you FILL IN THE GAPS



4. Create a mind-map of key points using WORDS + VISUAL techniques like MINDMAPS or GRAPHIC ORGANISERS



5. Create FLASHCARDS using your MINDMAP



6. TEST yourself and find out what you DON'T KNOW or EXPLAIN the concept to someone else or do a PRACTICE question



7. FILL IN THE GAPS in your knowledge by revisiting notes OR looking at EXAMPLES or MODELS



8. Revisit the topic a week later by redoing the TEST or RECALLING everything you can...then a fortnight...then a month.



9. Do a WEEKLY REVIEW of ALL your revision towards the end of each week.

The image features a black background with two spotlights at the top corners, each casting a bright yellow beam of light that converges into a large V-shape. Inside this V-shape, there is a yellow rectangular box at the top containing the text 'Spotlight on REVISE'. Below this box, centered within the V, is a paragraph of text.

## Spotlight on REVISE

Your teachers today have been asked to shine a spotlight on at least ONE of these strategies to show you how you might apply it to their subject...

Please pay attention and ask questions so that you can feel confident with what you are doing once you are at home.