

Remote Learning Contingency Plan – 2020-21 – P.E.

Term: 2 Year: 11 Subject: CNAT SPORT				
WHAT?	HOW?			HOW WELL?
Curriculum Content/LO	In the event of a localised lockdown	In the event of a bubble being unable to attend school	In the event of individual students who are shielding	Assessment
<p>Sport Science Unit R042: Applying principles of training</p> <p>Learning Outcome 4: Be able to develop fitness training programmes- EVALUATIONS</p> <p>Sport Science Unit R041: Reducing the risk of sports injuries</p> <p>ALL LO's in preparation for mock exams</p>	<p>Live lessons if students have access to teams at the time of a timetabled lesson.</p> <p>Narrated PowerPoints where the use of live lessons is not viable or where students can't access.</p> <p>Those students that can should submit work through Teams. This way it can act as a 'live' document and feedback can be regularly be given and improvements made</p> <p>Regular retrieval activities and low stakes quizzing to reinforce key knowledge.</p>	<p>48-hour emergency work to be sent home as soon as individual finds themselves at home and able to work. This will be triggered by a PL or FL as per the 'Individual Self-Isolation Process'.</p> <p>Work to be added to Teams and Class charts at designated times by class teacher, with all resources attached.</p> <p>Narrated PowerPoints to assist with learning and explanations of what is expected.</p> <p>Weekly live lessons/slots where students can access instant answers to questions and receive feedback on work that has been completed.</p> <p>Those students that can should submit work through Teams. This way it can act as a 'live' document and feedback can be regularly be given and improvements made.</p> <p>Regular retrieval activities and low stakes quizzing to reinforce key knowledge.</p>	<p>In the event of individual students who are shielding</p>	<p>Assessment</p> <p>A regular Teams Form will be completed to assess student learning on exam unit.</p> <p>Or paper assessment if required.</p> <p>Students written work can also be assessed and feedback given if it has been submitted through Teams</p>

Remote Learning Contingency Plan – 2020-21 – P.E.

Term: 2 Year: 10 Subject: CNAT SPORT				
WHAT?	HOW?			HOW WELL?
Curriculum Content/LO	In the event of a localised lockdown	In the event of a bubble being unable to attend school	In the event of individual students who are shielding	Assessment
<p>Sport Science Unit R042: Applying principles of training</p> <p>Learning Outcome 3: Be able to conduct fitness tests</p>	<p>Live lessons if students have access to teams at the time of a timetabled lesson.</p> <p>Narrated PowerPoints where the use of live lessons is not viable or where students can't access.</p> <p>Those students that can should submit work through Teams. This way it can act as a 'live' document and feedback can be regularly be given and improvements made</p>	<p>48-hour emergency work to be sent home as soon as individual finds themselves at home and able to work. This will be triggered by a PL or FL as per the 'Individual Self-Isolation Process'.</p> <p>Work to be added to Teams and Class charts at designated times by class teacher, with all resources attached.</p> <p>Narrated PowerPoints to assist with learning and explanations of what is expected.</p> <p>Weekly live lessons/slots where students can access instant answers to questions and receive feedback on work that has been completed.</p> <p>Those students that can should submit work through Teams. This way it can act as a 'live' document and feedback can be regularly be given and improvements made</p>	<p>A weekly Teams Form will be completed to assess student learning.</p> <p>Or paper assessment if required.</p> <p>Students written work can also be assessed and feedback given if it as been submitted through Teams.</p>	

Remote Learning Contingency Plan – 2020-21 – P.E.

Term: 2 Year: 9 Subject: CORE PE				
WHAT?	HOW?			HOW WELL?
Curriculum Content/LO	In the event of a localised lockdown	In the event of a bubble being unable to attend school	In the event of individual students who are shielding	Assessment
Health related components of fitness Skill related components of fitness Methods of training Home plyometrics training	<p>Live lessons if students have access to teams at the time of a timetabled lesson.</p> <p>Narrated PowerPoints where the use of live lessons is not viable or where students can't access.</p> <p>Exercise from home workouts provided or students directed to relevant internet content.</p>	<p>48-hour emergency work to be sent home as soon as individual finds themselves at home and able to work. This will be triggered by a PL or FL as per the 'Individual Self-Isolation Process'.</p> <p>Work to be added to Teams and Class charts at designated times by class teacher.</p> <p>Narrated PowerPoints to assist with learning and explanations of what is expected.</p> <p>Weekly live lessons/slots where students can access instant answers to questions and receive feedback on work that has been completed.</p>		<p>A weekly Teams Form will be completed to assess student learning.</p> <p>Or paper assessment if required.</p> <p>Students will also be asked to share any practical activities they have undertaken in that week</p>

Remote Learning Contingency Plan – 2020-21 – P.E.

<p>Term: 2</p> <p>Year: 8</p> <p>Subject: CORE PE</p>				
WHAT?	HOW?			HOW WELL?
Curriculum Content/LO	In the event of a localised lockdown	In the event of a bubble being unable to attend school	In the event of individual students who are shielding	Assessment
<p>Sport illnesses</p> <p>Responding to injuries</p> <p>Rules in Netball/Badminton</p> <p>Home circuit training</p>	<p>Live lessons if students have access to teams at the time of a timetabled lesson.</p> <p>Narrated PowerPoints where the use of live lessons is not viable or where students can't access.</p> <p>Use of student's homework booklet in the event no other options are viable.</p> <p>Exercise from home workouts provided or students directed to relevant internet content</p>	<p>48-hour emergency work to be sent home as soon as individual finds themselves at home and able to work. This will be triggered by a PL or FL as per the 'Individual Self-Isolation Process'.</p> <p>Work to be added to Teams and Class charts at designated times by class teacher.</p> <p>Narrated PowerPoints to assist with learning and explanations of what is expected.</p> <p>Weekly live lessons/slots where students can access instant answers to questions and receive feedback on work that has been completed.</p>	<p>A weekly Teams Form will be completed to assess student learning.</p> <p>Or paper assessment if required.</p> <p>Students will also be asked to share any practical activities they have undertaken in that week</p>	

Remote Learning Contingency Plan – 2020-21 – P.E.

Term: 2 Year: 7 Subject: CORE PE				
WHAT?	HOW?			HOW WELL?
Curriculum Content/LO	In the event of a localised lockdown	In the event of a bubble being unable to attend school	In the event of individual students who are shielding	Assessment
<p>The muscular system</p> <p>The skeletal system</p> <p>The components of fitness</p> <p>Home interval training</p>	<p>Live lessons if students have access to teams at the time of a timetabled lesson.</p> <p>Narrated PowerPoints where the use of live lessons is not viable or where students can't access.</p> <p>Use of student's homework booklet in the event no other options are viable.</p> <p>Exercise from home workouts provided or students directed to relevant internet content</p>	<p>48-hour emergency work to be sent home as soon as individual finds themselves at home and able to work. This will be triggered by a PL or FL as per the 'Individual Self-Isolation Process'.</p> <p>Work to be added to Teams and Class charts at designated times by class teacher.</p> <p>Narrated PowerPoints to assist with learning and explanations of what is expected.</p> <p>Weekly live lessons/slots where students can access instant answers to questions and receive feedback on work that has been completed.</p>	<p>A weekly Teams Form will be completed to assess student learning.</p> <p>Or paper assessment if required.</p> <p>Students will also be asked to share any practical activities they have undertaken in that week</p>	