

PE WORK- YEAR 8

Muscles and bones



Label the skeleton using the bones listed below

Sternum, Ribs, Clavicle, scapula, femur, patella, humerus, radius, cranium, ulna, phalanges, vertebrae, pelvis, tibia and fibula



How are muscles attached to bone?

How are bones connected to other bones?

Label the body using the muscles listed below



Gastrocnemius	Hamstrings	Quadriceps	Abdominals
Tricep	Bicep	Pectorals	Gluteals

The functions of the skeleton:	Explanation:
S.....ort	The bones keep us ...up..... and hold the rest of the body in place
Pro.....on	The bones enclose and pro..... certain organs. EG- Ribs protect- EG- Cranium protects-
M.....	Skeleton helps the body m..... by anchor points on mu.....
Sh.....	It gives us our general sh..... such as height and build
Mineral Sto.....	Bones store minerals including calcium
B..... cell production	The inner marrow produce red and white b..... cells that are released into the body