

Year 7 PSHE

Curriculum intent: The PSHE Curriculum focuses on what young people can do to keep themselves and others healthy and safe and to develop the knowledge, skills and attributes they need to lead happy and fulfilled lives.

CONTENT / KNOWLEDGE:

- Transition and Safety
- Health and Puberty
- Financial Decision Making
- Diversity
- Careers
- Building Relationships

SKILLS:

- ❖ The confidence to ask questions, challenge the information they are offered and draw on their own experiences
- ❖ Express their views and opinions and put what they have learned into practice in their own lives.
- ❖ What to do in an emergency and first aid
- ❖ Emotional Literacy
- ❖ Self-care
- ❖ Saving, borrowing and budgeting
- ❖ Teamwork